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# Siringa 1

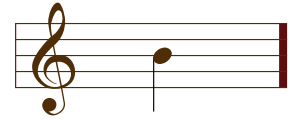
## Method for the Recorder

Ana Bort  
Pepa Roca  
Elena Sanchis  
Lourdes Sorolla

illustrations  
Eva Garcés

# Unit 1:

## The note B



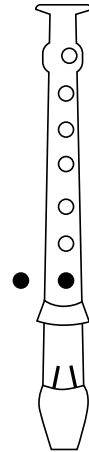
1

Beginning with the position you've just learned, cover the highest hole with your index finger, and cover the hole on the back of the recorder with your thumb. Relax your left hand and leave your right hand as it was. Let the recorder's mouthpiece rest on your chin.



2

In the **B** position, lift the four fingers of your right hand and let the recorder rest on your right thumb. The recorder will be supported by the index finger and thumb of your left hand and with the thumb of your right hand.



**ALL FINGERS ARE HELD A LITTLE ABOVE THEIR RESPECTIVE HOLES, NEVER BESIDE THEM.**

**LOOK AT MY ARMS AND DO AS I DO.**

3

### Mouth placement and sound production: the tip of the tongue

It is not necessary to use a lot of air to make a sound. You have to control the stream of air using a very soft syllable «doo», like a small «u».

**HOW CAN I MAKE A SOUND WITH THE RECORDER?**

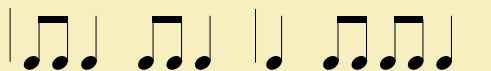
**DO I HAVE TO BLOW HARD TO MAKE A SOUND?**



TRY THE FOLLOWING  
ACTIVITIES.

**1** Take a breath and say **doo**.

**2** Perform the following rhythms using the syllable **doo**.



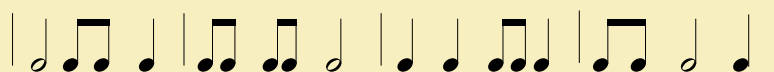
**3** Make up your own rhythms using **doo** and echo those of your classmates.

**4** Think: where is your tongue when you say **doo**? If the tip of your tongue is touching the inner part of your upper teeth, you're doing it right. This is how you play the recorder.

**5** Place the mouthpiece between your lips without letting it touch your teeth. **DON'T BITE IT.**

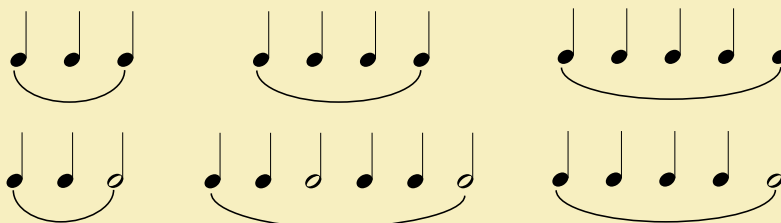
**6** Practice speaking **doo** in the **B** position. Play the echo game using this sound.

**7** To practice more, speak these rhythms saying **doo** against the back of your hand.



Repeat this exercise using the **B** position on the recorder.

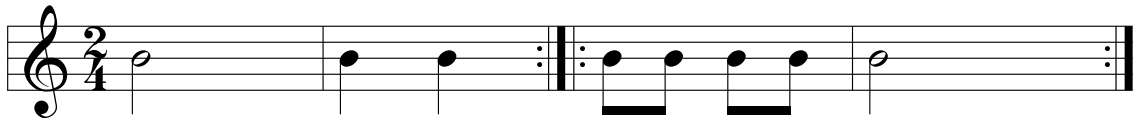
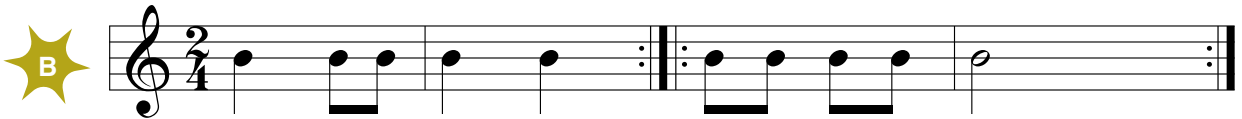
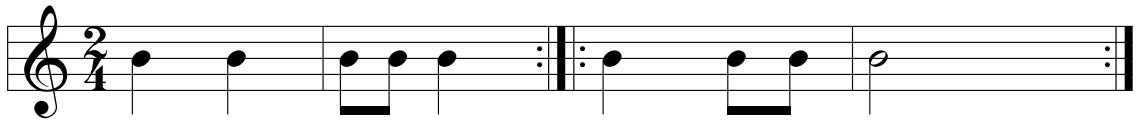
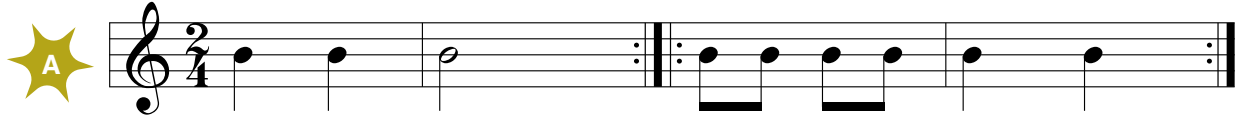
**8** You'll also need to know that you can play many notes in a row with just one stream of air, without needing to breathe for each one. Try it:



# 1 Preparatory exercises



LET'S ECHO EACH OTHER! I'LL  
PLAY THE FIRST RHYTHMIC BIT  
AND YOU COPY ME.



NOW PLAY AMONGST YOURSELVES.

ONE STUDENT MAKES UP AN  
EXERCISE WITH THE NOTE B  
AND THE OTHERS COPY IT.

## 2 Partner exercises

LET'S LEARN MORE SONGS.  
THESE ARE MELODIES PLAYED  
BETWEEN YOU AND THE TEACHER  
AND WE'LL CALL THEM  
PARTNER EXERCISES.

DON'T WORRY! THE  
TEACHER WILL PLAY THE  
HARDEST PART.



Student

Teacher



Student

Teacher

Student

Teacher